Miami’s original neighborhood was founded in 1873 by an eclectic mix of pioneers, artists, intellectuals and adventurers and the tropical oasis of Coconut Grove thrives to this day as Miami’s escape from the stress of city life. In the middle of Miami, yet completely separate, Coconut Grove offers a warm, laidback atmosphere of boutiques, shady lanes, sidewalk cafes and quaint watering holes with a distinctly bohemian flair where one can drop in and chill out every day of the week, any time of the year. Inside you will find great options for what to see and do, as well as a detailed map and expert advice from local “Grovites”.

**FASHION + ART + MUSIC (F.A.M.) NIGHTS | FIRST SATURDAY**
Every 1st Saturday of the month, from 7 PM – 10 PM, hear live music, explore new art exhibitions and discover the newest fashion designers. An addition to the existing Gallery Art Walk – F.A.M. Night affords visitors all encompassing cultural entertainment with more than 20 boutiques, art galleries’ and musicians participating in this district-wide event.

**FREE YOGA IN PEACOCK PARK | TUESDAYS | 6 PM – 7 PM**
Coconut Grove is a place where your body, mind and spirit can find refreshment almost anywhere. Every Tuesday in Peacock Park get more focused, more in shape and more centered – for FREE – with yogis led by the Grove’s very own Dharma Studio. Practicing along the Biscayne Bay in the fresh air is the perfect way to get into your yoga groove. dharmastudio.com

**COCOWALK’S EASTER EGG STRAWBANANZA | APRIL 12 | 2PM – 6PM**
CocoWalk hosts an Easter egg hunt you won’t forget! Enjoy an ALL bunny rabbit petting zoo, bunny arts and crafts, live entertainment and much more! The event will end with our Easter egg hunt of over 200 eggs throughout the CocoWalk property! This fun filled day of activities & prizes is perfect for all families to enjoy! cocowalk.net

**FREE HISTORIC ECO-BIKE TOURS OF COCONUT GROVE | SECOND SATURDAYS | 9:30 AM**
In celebration of Coconut Grove’s extensive history, the Coconut Grove Business Improvement District and Royal Palm Tours of Miami offer free historic eco bike tours every second Saturday of the month. Space is limited. Reserve your guided tour today royalpalmtours@miami.com
Coconut Grove is full of gastronomic delights, savory meals and sidewalk cafes where friends can be found almost any where along the arcade.

**ARRIVALS**

PAN AM HISTORY EXHIBIT
First Flight Out in CocoWalk is home to the new Pan American World Airways Aviation History Exhibit featuring an extensive collection of Pan Am memorabilia and even a 20-foot airfoil! 747 livery banner: thetaflight@comcast.net | 305-774-7220

PARKING GROVE 13

HONG KONG EXPRESS
3015 Virginia Street, CocoWalk
305-441-0399

KUNG PAO EXPRESS
3040 Main Highway • 305-446-8000

THE KAMPOING
3195 Commodore Plaza • 305-447-7272

The KAMPOING, located in the National Register of Historic Places, The KAMPOING was the historic home and personal garden of famed pilot explorer Dr. David S. Ford. More than 200 rare and unusual varieties of ornamental and medicinal herbs, fresh flowers, palm, lilies, lilies, and others. 305-442-7160

THE KAMPOING
3195 Commodore Plaza • 305-447-7272

Oriental food and culture. A flower shop & bistro. Micro crop coffees & teas. A rotating selection of eclectic frozen yogurt flavors and every topping under the sun. 786-866-3232

3157 Commodore Plaza • 305-448-6810

1315 Commodore Plaza • 305-441-0216

FAT TUESDAY
3462 Main Highway • 305-461-1322

DOLCE VITA GELATO
3540 Main Highway • 305-441-0219

YO MILK
3015 Grand Avenue, CocoWalk
305-441-0247

EDWARD BEINER
3015 Commodore Plaza
305-567-9500

THREE JAYS COFFEE
3533 Virginia Street • 305-336-0052

TIANO SALON SPA
3533 Virginia St. • 305-336-0052

Coconut Grove's boutiques, casual dining, live music, and ultramodern movie theater is the perfect mix to relax in "Grove style."

**ATTRACTIONS**

THE BARR NACILE HISTORIC STATE PARK

Situated on the shore of Biscayne Bay, The Barnacle was the residence of Commodore Ralph Munroe, a yachtsman, sailboat designer, pilot, author, conscientious objector of the Grovite's most influential builders. Open since 1981, it is the oldest home in Miami to its original location. Attend a moonlight concert or take a guided tour inside. MiamiBeachFL.org | 305-442-6866

SALTING CLUBS

Bar of the month - Saito. Thanks to Saito's renowned location and status as a renowned community, Coconut Grove is home to several salting clubs. Whether you're a seasoned sailor or have always wanted to try out a night of sailing, the Men's Club should be on your list of things to do tonight. Contact the Coconut Grove Sailing Club at 305-443-6575 or ShakeA at 303-836-5330.

**DINING**

AKAISHI JAPANESE RESTAURANT
3448 Main Highway • 305-329-9916

The menu can be described as all-occasion dining. The food is fresh, healthy, and full of amazing flavors. A wonderful view is the best part.

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Reserve your seat then head over to

1205 Main Highway  •  305-444-0216

GREENSTREET OUTDOOR

3145 Commodore Plaza  •  305-444-7878

FOCACCIA BISTRO

305-441-2992

FAT TUESDAY

3410 Main Highway  •  305-446-2303

BOMBAY DARBAR

3015 Virginia Street, CocoWalk

BICE BISTRO

3015 Grand Avenue, CocoWalk

BUZZ BISTRO

3444 Main Highway  •  305-443-5450

NUTRITIONAL POWER CENTER II

2998 McFarlane Road  •  305 456-6940

THE KAMPONG

3444 Main Highway, #2  •  305 445-4752

MURCIELAGO ESTATE

3444 Main Highway, #5  •  305-441-0399

ANGER  ALTERATION

3444 Main Highway, #3  •  305-441-0477

COCONUT GROVE GROVE GROVE

3444 Main Highway, #6  •  305-444-9188

THE BISTRO COUNTRY MARIBOOT

3224 Virginia Street  •  305-774-6696

THE CHEESE FACTORY

3501 Grand Avenue, CocoWalk

THE GROVE PIZZA

3224 Virginia Street  •  305-774-6696

Where knowledgeable is served all day and looks for food and around with the colder bar. Daily specials, outdoor patio and great atmosphere bring the neighbors together for sports, music & fun.

THE LAST CARROT

3540 Main Highway  •  305-444-3493

A culinary and wine lover’s paradise. Relaxing, colorful atmosphere and delicious local cuisine inspired by the flavors of Latin America.

LA BOTIGGA ENOtica SOCIAL

3540 Main Highway  •  305-444-0973

A relaxing and charming neighborhood joint with an elevated vibe and delicious menu items.

LE BOUCHON DU GROVE

3540 Main Highway  •  305-444-7300

Provides a sophisticated vibe and delectable menu items.

STAR BISTRO

3015 Grand Avenue, CocoWalk

THE MEETING IN THE GROVE + CAFE

3390 Mary Street  •  305-443-3555

An independent community bookstore & cafe featuring free live concerts, sandwiches, home-made desserts & delicious espresso drinks.

THE HABIT ART!

3332 Ocean Drive, #201  •  305-672-8282

A bohemian women’s fashion.

Bright, bold, silky, sexy, and high-end designs.

GETTING ALL THE INFORMATION YOU NEED.

Located in front of CocoWalk.

Want to know more? Our Grovite Ambassadors can provide you with all the information you need.

THE GROVITE

3316 Commodore Plaza  •  786-774-1614

The Grovite is produced by the Coconut Grove Business Improvement District in collaboration with participating Coconut Grove Hotels and Merchants. The Grovite is published quarterly and is available free of charge, contact 305-461-5506.

Amanda Kiser, Americas Creative Director for the Coconut Grove Business Improvement District

Design by Ken A. Foster Graphic Design

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Coconut Grove is full of one of a kind services just waiting to be had! So, why run all around Miami to check off your to-do list when you can get that special treatment right here in The Grove! Give this list a once over and adopt a couple of these new services that will make your life a little less complicated and a little more fun!

By Patricia Guarch Wise, Editor, www.miaminicepopup.com

1. Hair By Hisham
Men, we know that going to the salon probably isn’t your favorite thing to do. If you feel like women have more opportunities for exciting hair services, check out Hair by Hisham, where they use old fashion techniques like straight blade trimming for a clean and fresh look. To top it off, hot towels, a facial wash and light massage are also included! hairbyhisham.com

2. Lasso The Moon
Planning a party can get stressful; don’t let all the fun get sucked out of a party! Call Lasso The Moon and let them orchestrate your event with style. Whether a gala, corporate event, wedding or more, they set you up with catering, planning and everything in between. lassothemooninc.com

3. The Body Contour Company
At The Body Contour Company, Karoline Smit is a registered healer, certified Power Plate Coach and certified professional life coach. If you’re looking to incorporate a more holistic approach into your maintenance routine, book an appointment here for a gentle therapy, such as holistic pulsing. thebodycontourcompany.com

4. Revolution Bicycle Service
Getting a tune up can mean more than just a haircut and spa treatment – tune up your bike so that you can get back to exploring Coconut Grove’s beautiful streets. At Revolution Bike Services they’ll get your bike back to brand spankin’ new or help you pick out a new one. 305-443-5229

5. La Bottega Enoteca Social
Are you planning a little gathering of family, friends, coworkers or maybe a shower or a special meeting? La Bottega is the perfect place. Wine and food lovers (that means you!) can enjoy a meal, wine tasting, cooking class or entertainment in a charming courtyard and end the fun in a meal prepared by Executive Chef Igor Ferraro. labottegasociale.com

6. Dogtown
Even your pets need their regular pampering. Get your dog brushed, bathed, blow dried and all the same things you get at this neighborhood spot right on Grand Avenue. Don’t forget, if you’re going on vacation and your pet can’t come with you, you can leave them at Dogtown; they can get a vacation of their own. barkfetchrun.com

7. Jaguar Therapeutics
Chances are, you have some ache or pain that would benefit from physical therapy especially if you’re a runner. At Jaguar they can analyze your running on an ultra-high tech screen and then combine that assessment with their anti-gravity treadmill. With their tips, you’ll see a positive impact on your form right away! jaguartherapy.com

8. Detlev Salon & Spa – An Aveda Lifestyle Salon
Are you planning a little gathering of family, friends, coworkers or maybe a shower or a special meeting? La Bottega is the perfect place. Wine and food lovers (that means you!) can enjoy a meal, wine tasting, cooking class or entertainment in a charming courtyard and end the fun in a meal prepared by Executive Chef Igor Ferraro. labottegasociale.com

9. New Age Body Piercings
Piercings are all the rage in the high-fashion world right now! No longer are second and third (or fourth and fifth!) piercings strictly for the punk-rock set. Consider jazzing up your ears a bit and add a little something on your upper-ear cartilage or even something more adventurous! newagepiercing.com

10. Do It All In The Grove
Coconut Grove is full of one of a kind services just waiting to be had! So, why run all around Miami to check off your to-do list when you can get that special treatment right here in The Grove! Give this list a once over and adopt a couple of these new services that will make your life a little less complicated and a little more fun!